

## LGBTQIA+ RESOURCE GUIDE

**“Love yourself. You are perfect just how you are. The world needs you”**  
**Helen Carroll, Consultant National Center for Lesbian Rights**

### **SUPPORT & EDUCATION**

**CAMPAIGN FOR SOUTHERN EQUALITY** - CONTACT INFORMATION: [info@southernequality.org](mailto:info@southernequality.org) Tel: 828.242.1559

RESOURCES: Legal, health, equality programs; provides resources in many areas

**BLUE RIDGE PRIDE** - CONTACT INFORMATION: [www.blueridgepride.org](http://www.blueridgepride.org) Tel: 828.423.0655

RESOURCES: Community-building events, directors of welcoming service providers

**ASHEVILLE LAMBDA GROUP AA** - CONTACT INFORMATION: Central AA office Tel: 828.254.8539

RESOURCES: Several groups meet in the Asheville area.

**PFLAG ASHEVILLE (ORIGINALLY PARENTS, FAMILIES AND FRIENDS OF LESBIANS AND GAYS)**

CONTACT INFORMATION: [connect@pflagasheville.org](mailto:connect@pflagasheville.org) Tel: 828.365.8814

RESOURCES: Peer support, education, advocacy for LGBTQIA+ people, their families and allies.

**YOUTH OUTRIGHT** - CONTACT INFORMATION: [info@youthoutright.org](mailto:info@youthoutright.org) Tel: 866.881.3721

RESOURCES: Programs, support, advocacy for LGBTQIA+ youth, ages 11-20

**PHOENIX TRANSGENDER SUPPORT** - CONTACT INFORMATION: Contact Jessica Britton at [jessicaash@aol.com](mailto:jessicaash@aol.com)

RESOURCES: Empowerment/support groups

**DEPARTMENT OF VETERANS AFFAIRS OUTPATIENT MENTAL HEALTH CLINIC: DR. LYNN MARLOW**

CONTACT INFORMATION: [www.blueridgepride.org](http://www.blueridgepride.org) Tel: 828.298.7911 x5707 -

RESOURCES: Lesbian, gay, bisexual veterans' support group

**TRANZMISSION** - CONTACT INFORMATION: [tranzmission.org](http://tranzmission.org)

RESOURCES: Education, advocacy, support for non-binary and trans persons; list of resources

**UNITARIAN UNIVERSALIST ASSOCIATION (UUA)** - CONTACT INFORMATION: [uua.org/lgbtq](http://uua.org/lgbtq)

RESOURCES: Educational materials, resources, spiritual information and bookshop with extensive online list of LGBTQIA+ titles

### **FAITH COMMUNITIES**

**UNITY OF THE BLUE RIDGE, MILLS RIVER** - CONTACT INFORMATION: [www.unityblueridge.org](http://www.unityblueridge.org) Tel: 828.891.8700

**CENTER FOR SPIRITUAL LIVING, ASHEVILLE** - CONTACT INFORMATION: [www.cslasheville.org](http://www.cslasheville.org) Tel: 828.253.2325

**FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST, ASHEVILLE** -

CONTACT INFORMATION: [www.uccasheville.org](http://www.uccasheville.org) Tel: 828.252.8729

**FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST, HENDERSONVILLE**

CONTACT INFORMATION: [www.fcchendersonville.org](http://www.fcchendersonville.org) Tel: 828.692.8630

**GRACE COVENANT PRESBYTERIAN CHURCH** - CONTACT INFORMATION: [www.gcpusa.org](http://www.gcpusa.org) Tel: 828.254.3274

**JUBILEE COMMUNITY** - CONTACT INFORMATION: [www.jubileecommunity.org](http://www.jubileecommunity.org) Tel: 828.252.5335

**LAND OF THE SKY UNITED CHURCH OF CHRIST** - CONTACT INFORMATION: [www.landoftheskychurch.org](http://www.landoftheskychurch.org) Tel: 828.575.9050

**SWANNANOVA VALLEY FRIENDS MEETING** - CONTACT INFORMATION: [www.swannanoavalleyfriends.net](http://www.swannanoavalleyfriends.net) Tel: 828.669.0832

**UNITARIAN UNIVERSALIST CONGREGATION OF ASHEVILLE** - CONTACT INFORMATION: [www.uccasheville.org](http://www.uccasheville.org) Tel: 828.254.6001

**UNITARIAN UNIVERSALIST CONGREGATION OF THE SWANNANOVA VALLEY** –

CONTACT INFORMATION: [www.uusv.org](http://www.uusv.org) Tel: 828.669.8050

**UNITARIAN UNIVERSALIST CONGREGATION OF HENDERSONVILLE** - CONTACT INFORMATION: [www.uufhnc.org](http://www.uufhnc.org) Tel: 828.693.3157

**UNITARIAN UNIVERSALIST CONGREGATION OF TRANSYLVANIA COUNTY** -

CONTACT INFORMATION: [www.uutc.org](http://www.uutc.org) Tel: 828.435.2781

**AGUDAS ISRAEL CONGREGATION** - CONTACT INFORMATION: [www.agudaisraelsynagogue.org](http://www.agudaisraelsynagogue.org) Tel: 828.693.9838

## **SOCIAL**

**BLUE RIDGE PRIDE** - CONTACT INFORMATION: [www.blueridgepride.org](http://www.blueridgepride.org) Tel: 828.423.0655

RESOURCES: Information on social and service activities; calendar of monthly events

**ASHEVILLE LESBIAN SOCIAL CLUB** - CONTACT INFORMATION: Meet-up group; register online

**ASHEVILLE GAY MEN'S CHORUS** - CONTACT INFORMATION: For information, contact the organization online  
(Social Continued)

**ASHEVILLE PRIME TIMERS** - CONTACT INFORMATION: Networking/social group for gay/bi men over 40 – information available online under Blue Ridge Pride

## **POLITICAL**

**EQUALITY NC** - CONTACT INFORMATION: Regional chapter, contact [jessica@equalitync.org](mailto:jessica@equalitync.org)

RESOURCES: Statewide organization securing rights and protections for the LGBTQIA+ community

**NATIONAL ORGANIZATION FOR WOMEN (NOW)** - CONTACT INFORMATION: [www.ashevilienow.blogspot.com](http://www.ashevilienow.blogspot.com)

RESOURCES: Organization to eliminate discrimination and promote justice for women

**WESTERN NORTH CAROLINA CITIZENS FOR AN END TO INSTITUTIONAL BIAS**

CONTACT INFORMATION: [www.wncceib.org](http://www.wncceib.org) Tel: 828.669.6677

RESOURCES: Works to eliminate discrimination/hate activities; helps victims, communities and organizations

**HUMAN RIGHTS CAMPAIGN (HRC)** - CONTACT INFORMATION: [www.hrc.org](http://www.hrc.org) Tel: 800.777.4723

RESOURCES: Large LGBTQIA+ advocacy group and political lobbying organization

## **HIV/AIDS SUPPORT**

**WESTERN NORTH CAROLINA COMMUNITY HEALTH SERVICES (WNCCHS)** - CONTACT INFORMATION: Tel: 828.285.0622

RESOURCES: Integrated HIV services: Medical, dental, behavioral and housing

**WESTERN NORTH CAROLINA AIDS PROJECT (WNCAP)** - CONTACT INFORMATION: [info@wncap.org](mailto:info@wncap.org) Tel: 828.252.7489

RESOURCES: Prevention, advocacy and support groups

**NC DEPARTMENT OF HEALTH & HUMAN SERVICES** - CONTACT INFORMATION: Tel: English 800.232.4636 Spanish 800.344.7432

## **SUICIDE PREVENTION**

**AMERICAN FOUNDATION FOR SUICIDE PREVENTION** - CONTACT INFORMATION: [www.afsp.org/lgbtq](http://www.afsp.org/lgbtq)

RESOURCES: Information and resources about mental health and suicide in the LGBTQIA+ community

National suicide prevention lifeline: 800.273.8255 (veterans, press 1)

Text TALK to 741741 to start a texting conversation with a trained counselor

Trans Lifeline: 877.565.8860 – Support for transgender people BY transgender people

## **TRANSGENDER HEALTH**

**WESTERN NORTH CAROLINA COMMUNITY HEALTH SERVICES (WNCCHS)** - CONTACT INFORMATION: Tel: 828.285.0622

RESOURCES: Medical services in many areas including programs for LGBTQIA+ and trans patients

**TRANZMISSION** - CONTACT INFORMATION: [tranzmission.org](http://tranzmission.org)

RESOURCES: Education, advocacy, support for non-binary and trans persons; list of resources

**PLANNED PARENTHOOD** - CONTACT INFORMATION: [plannedparenthood.org](http://plannedparenthood.org)

RESOURCES: HRT, programs and referrals for trans patients

\*THIS GUIDE IS PROVIDED BY THE UNITARIAN UNIVERSALIST CONGREGATION OF THE SWANNANOVA VALLEY'S SOCIAL ACTION COMMITTEE, ONLY AS A SERVICE TO THE COMMUNITY, WITHOUT SPECIFIC ENDORSEMENTS.